## Paul Bäcklin presents new single "Is This My Day?"

Paul Bäcklin draws attention to the annoying fact that the day you die may very well be the most mundane and unglamorous day you've ever experienced.

- I was pretty sure I was going to die at that hardware store that day. It was more a feeling of disappointment than one of fear. I mean, I stood there between a lawnmower and a damn bidet. Welcomed by a young man who was already awkward before he tried communicating with what might actually have been a rock artist about to collapse and die in front of him. It all happened in a white corridor with rows of, what appeared to be, completely random objects put up on podiums. Let me bring you right into this kitchen-sink-realism-esque near-death experience by singing this song for you.

As always, the dark but humoristic way Bäcklin views the world lights up and guides this laid back yet energetic Indie / Alternative Garagey track. This time that personality trait of his floats to the very surface, and courageously/foolishly pokes the tension.

While letting the guitars, saxophones and drums do the guttural bellowing, he somehow sings about this intense and very unglamorous experience in a rather casual way.

After all the shit we've gone through in life - don't we deserve to die in a place we can at least tolerate? And hell, is it too much to ask that it perhaps does not occur in the weak arms of a 23 year-old virgin "man" who wouldn't have the crisis-coping experience to match a fucking six year-old?

You know the type. We can definitely trust this guy to walk around, intolerably slowly, but still somehow skittishly, in the most stupid of directions. Trying to find somebody with just a bit more knowledge than himself about what's actually important for a being existing in the human form - without even knowing what he's supposed to be looking for. Ugh. Just walk away and let me die in peace.

In the third verse, when the saxophones start chopping away at the part of you that is still wearing a leather jacket, you'll notice your head is bobbing seemingly uncontrollably. It might be *Paul's* Stoner Rock and Hardcore/Metal-heritage that forces you to adult-headbang while making that stank face. The face that shows how disgusted you are by the fact that this riff has the audacity to be this goddamn nasty. You know, you might even shake your head a little bit side to side within the north to south movements, because it really has no business making adults want to bang their heads like this. Outrageous.

"Is This My Day?" is out on December 20th.